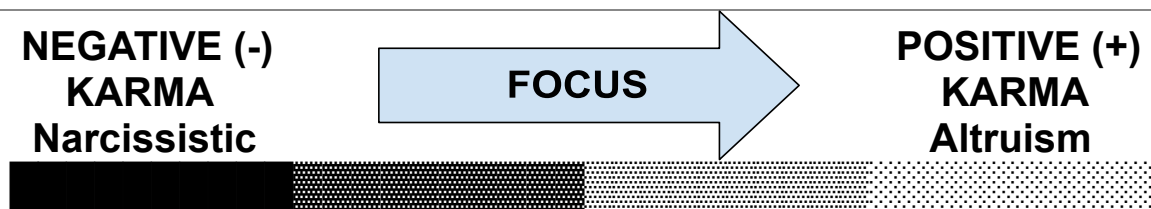


# ARE YOU CHANNELING A BAD PERSONALITY? YOUR INNER VOICE IS NOT REALLY YOU!

Did you accidentally:

- Become a homo-sexual **because** you prayed to be like an actor/actress in television who (un-be-knownst to you) was a homo-sexual?
- Pray to be like a particular super-model (who un-be-knownst to you had anorexia), and now you have anorexia?
- Pray to be a gangster and now you have problems integrating with society?
- Pray to have a mental illness by asking to talk to "GOD" or angels, etc.?

***PRAY MORE OFTEN, ESPECIALLY DURING DISTRESS,  
TO HAVE A MORE POSITIVE OUTCOME IN YOUR LIFE.***



*"The Surest Sign Of Wisdom Is Constant Cheerfulness."*

- Michel de Montaigne

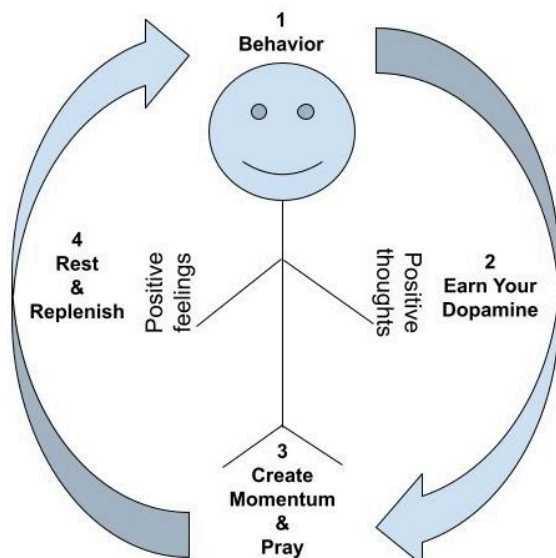
***"GOD will help you if you make the right  
decisions everyday of your life!"***

- Joel Osteen

## THE HERO RITUAL

("How To Get Out Of A Rut")

Memorized Knowledge = Higher Level Knowledge + Experience  
(**Wisdom**) (obtained thru payer)



**PRAYER LIST THAT I WANT TO MANIFEST  
(COMPARE YOUR PAST, PRESENT,  
AND FUTURE FOR OPTIMAL REFLECTIONS)  
PLEASE HEAL ME OF MY:**

1. Mental health disorder(s) (if any).
2. (Drug) addictions (if any).

PLEASE WRITE/DRAW DOWN YOUR

**GOOD KARMIC IDEAS**

(BEING SMARTER, OWNING MY  
OWN BUSINESS, ETC.)

**MONEY IS ENERGY!**

**BAD KARMIC IDEAS WILL CAUSE HARM!**

3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_
7. \_\_\_\_\_

*Your mind is like a jury room filled with different ideas from **your Guardian Angels (the jurors)**, each representing various aspects of your sub-conscious, ego, super-ego, etc., including your personality, values, fears, and desires.*

The inner voice you have been listening to for years, the voice of fear, criticism, hesitation, etc. are nothing more than tests. This is why, for example, pastor's (like Joel Osteen) would state something like "GOD will test you every day of your life."

**A person's soul spends time completely identified with thoughts (sometimes called "voices") in their head believing that it is his/her true self.** This is especially true in mental illnesses like depression, autism, schizophrenia. **In schizophrenia the voices are more aggressive, and are more profound than a normal person!**

This has fascinated great thinkers throughout history: the ancient Stoics, Buddhist monks, and modern psychologists. All have explored the strange reality of human consciousness.

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***"You have power over your mind - not outside events. Realize this, and you will find strength."***

***- Marcus Aurelius***

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**When one refers to The Hero motif on the front cover one can realize this and you will find strength through prayers! Observing other people's mistakes, and incorporating it with your own life experiences creates wisdom (memorized knowledge). Remember that you are the observer!**

If your mind says "I am going to fail" and you accept it as truth you start acting in ways that re-inforce that belief. This phenomenon has a name in psychology, and is called **cognitive fusion**. It happens when we become so entangled with our thoughts that we lose the ability to see them as separate from who we are!

This is why it is important to pray for better circumstances. Doing this shows that you are negotiating with your Guardian Angels if you have a prayer list with ideas you want to manifest! Studying abnormal psychology assists with what is called self-negotiation.

*Self-negotiation involves inviting all of the twelve jurors' (your Guardian Angels) ideas to the table. Allowing them to express themselves is about understanding the needs, motivations behind each idea. Finding a way to harmonize these conflicting interests to reach a **system** that reaches your goals (the Manifestation of your Prayer List) that benefits your well-being!*

In conclusion, it seems that people channel (receive information) from his, or her Guardian Angels! People with mental health disorders (autism, depression, schizophrenia, etc.) seem to be channeling incorrectly! This means that one should pray more often so that he, or she has a normal life.

One may pray for a “Spiritual Download” (from The [GOD] of The Universe) for a new personality! Many church pastors, spiritualists, etc. imply this when they state that a person can change their life if they pray!

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**Do Not Fear Change!**  
**Fear Staying The Same!**

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**Don't Do Your Best Everyday But  
Try To Do Better Than The Day Before!**

---

**PRAY MORE OFTEN!**

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**ARE YOU CHANNELING A BAD PERSONALITY?**

is copyrighted (2025). It was inspired by GOD, and written by:

Hector E. Jimenez

**<https://ArtOfManifestation.Click>**

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**One should only communicate with GOD through dreams, prayers, meditation, circumstances, etcetera.**

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**"One-To-One Communication with GOD" that is taught in Churches does NOT mean one asks to pray, or to talk to GOD or [Guardian] Angels directly!**

In The Ten Commandments, in **Exodus 20:3 (NIV)**, **Isaiah 45: 5 (NIV)** (and in other examples in The Bible) it generally states:

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**"You shall have no other gods above me, or before me."**

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Also, Jesus implied that every human is a "god" when he stated in John 10: 34 (NIV):

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**"It is not written in your Law, 'I have said you are "gods"'?"**

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If a person (a "god") **prays to talk to GOD (of The Universe) directly** then one is inviting "calamity" (a self-explanatory word used in The Bible that can show up in different forms). **In theory a person invites "schizophrenia" after praying to ask to talk to GOD directly!**

It is theorized that many people during biblical times may have had this psychiatric condition. However, if one does not have [faith](#) (which is associated with **actions based on beliefs**) one cannot heal oneself of this mental illness.

## James 2: 17-18

***17 In the same way, faith by itself, if it is not accompanied by action, is dead. 18 But someone will say, “You have faith; I have deeds.”***

**This is why this book exists!**

**One should NOT pray to talk directly to GOD because it may lead to schizophrenia (many homeless people primarily have a high prevalence of schizophrenia, and other mental health disorders).**

**People with mental health disorders (autism, depression, schizophrenia, etc.) are channeling incorrectly! One should pray that he, or she has a normal life.**

**Please believe in altruism, and help other people with mental health disorders with this booklet:**

**ARE YOU CHANNELING A BAD PERSONALITY?**

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**A REFERENCE (book):**

**Be Careful What You Pray For...You Might Just Get It.**

**- Dossey, Larry**

***"With penetrating insight and meticulous research, Dr. Dossey reveals the power of prayer to harm as well as to help. This book will forever change how you think and what you pray for."***

**Joan Borysenko, Ph.D., author of  
Minding the Body, Mending the Mind**

# THE HERO MOTIF (A RITUAL)

Almost any of our daily activities (that can better one's life) can allow you to channel a new personality. Thinking about your past, present, and future allows you to do your rituals ('faith' is an action).

Your motivation, and/or momentum increases your levels of dopamine (as a result of a high level of emotions). This process may, perhaps, help you 'get out of a rut' (such as having a mental illness like schizophrenia which also incorporates a bad personality). Please refer to The Hero Motif on the cover page.

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## A BIBLICAL EXAMPLE OF A GRANTED PRAYER REQUEST THROUGH A RITUAL

### Genesis 30: 37-39

Jacob (a shepard) gave Laban all of his beloved striped, and spotted cattle. Jacob was left with boring old, plain-coloured cattle, which he doesn't seem to like at all.

Jacob thought that if he gets his cattle to look at the striped sticks (poplar, and almond trees have medicinal properties for both humans and livestock) while copulating, then they will give birth to striped young.

Jacob conducts a ritual since he had faith. [Faith](#) is an action based on someone's personal (very strong) belief system.

1. He gets some sticks, and begins painting stripes on them.
2. He then plants them next to his cattle.
3. The cattle give birth to striped young, and Jacob is happy.

Jacob gave certain animals the poplar, and almond sticks as feed during breeding season as well. This would make an animal healthier, and more likely to produce healthy offspring.

**Perhaps GOD intervened in Jacobs favor to increase the probability of giving striped and spotted young. The story of Jacob, and the spotted cattle, is an example of how GOD (Of The Universe) will assist you if you make the correct decisions everyday of your life!**

**NOTE: Jacob's career goal was a shepard, and his ritual of the spotted cattle aligned with that!**

# CHANNELING A NEW PERSONALITY THAT ALIGNS WITH YOUR PROFESSIONAL GOALS THROUGH A RITUAL

An ideal ritual would be leaning towards channeling a new personality that aligns with your career goals. To "channel" a new personality, you need to actively identify the traits you want to cultivate. Consciously practice behaviors that align with that new persona. Gradually integrate those actions into your daily life through self-reflection, and consistent effort, until you "fake it until you make it."

By deliberately acting how you want to be until it becomes more natural; remember that a significant personality change takes time and dedication. One may create a **system** for channeling a new personality through immersion!

An example would be learning a new language! Examples of immersion: reading/listening/watching media in that language (Pimsleur's, anime, YouTube videos, etcetera), practicing pronunciations, talking to people in that target language, writing in the target language, etc. Immersion is a system that uses different tools, or resources to achieve a common goal!

Since this is a graceful way of manifesting it becomes important to visualize the end in mind. Pray that your ritual manifests what you outlined in your Prayer Request List!

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Almost any type of behavior can be used as a ritual (especially if it is emotionally distressful) but you must believe (and must be consistent):

- Animal Therapy.
  - Forest Therapy - Walking in the forest, and meditating, etc.
  - Beach Therapy - Walking on the beach, and meditating, etc.
  - Begging for money (for a homeless person).
  - Music Therapy - "Music is higher than heaven" if used in a positive context!
  - Practicing Altruism (helping other people) - Altruism involving **agency** is to help other people with mental health disorder(s). This may help you in healing yourself from your own mental health disorder(s)!
  - Etcetera.
-

# A NON-BIBLICAL EXAMPLE OF A GRANTED PRAYER REQUEST

This example was taken from Vice magazine (June 28th, 2019):

[“Meet the Guy Who Woke From a Coma Speaking Another Language”](#)

*Ben McMahon learned the basics of Chinese at high school but he was nowhere near fluent. Then, in 2015, Ben was riding in a car that got t-boned by a truck and was rushed to hospital. When he woke from an induced coma a week later he was frustrated to find that no one could understand him, except for a Chinese nurse.*

**NOTE:** This was possible because he had a prayer list (or prayed to learn Chinese, and perhaps forgot about it) **before** this car accident.

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## PEOPLE WITH MENTAL HEALTH DISORDERS ARE CHANNELING INCORRECTLY

People should understand their channeled personalities, and manage their reactions to them constructively.

**A person with a mental health disorder reading about abnormal psychology may increase his, or her mindfulness for others with these disorders (including schizophrenia). This may help you in channeling a new personality.**

That being said, one's mental health disorder may include any of the following:

- **'Auto Pilots'** [not related to Tesla motors] – Bad ingrained habits. Auto Pilots are involved in **alcoholism**, and **drug use**, etcetera. This is because it assists you in making a purchase of that item. It becomes your decision to accept, or refuse to use it!
- **Addictions** – Almost all addictions are bad programmed habits called 'Auto Pilots.' For example, buying drugs like alcohol, cigarettes, marijuana, etc. without knowing why (especially if they are associated with strong emotional memories)! In the example above, it becomes your decision to accept, or to reject in using the drugs.



- **Alexithymia** (pronounced “Alex e thigh mi ahh”) – A personality trait that makes it hard to identify, process, and express emotions. It can also be described as a cognitive-affective impairment.

- **Hallucinogens** (including Marijuana) – Often associated with **religiosity**, and **meta-magical** thinking! This is important to emphasize that marijuana is an (auditory, and visual) hallucinogen!

One should ground himself before using it by having a prayer request list written out first (that doesn’t ask to talk to angels). This prevents someone from accidentally getting schizophrenia!

Ground yourself more by focusing more on helping oneself in living a healthy lifestyle (spending time with friends, family, and loved ones), and assisting others people from his, or her mental health disorder.

- **Anorexia (eating disorder)** – A type of psychological disorder which encompasses autistic features. It mostly affects women who eat (excessive amounts of) food, and then induces vomiting (due to psychological guilt, etc.).

Most likely the victim of anorexia prayed to be “beautiful like that person” that (s)he may have seen (a model with the same condition)!

- **Autism** – Autism spectrum disorder is a neurological and developmental disorder that affects how people interact with others, communicate, learn, and behave.

**The autistic individual (if cognizant enough) can be healed of the neurological disorders due to environmental contaminants like mercury, chemicals in the food supply (water, and eatables, etc.); one can channel a new personality as well. Otherwise the guardian should pray for the autistic individual!**

- **Cognitive Fusion** - People’s emotions (which comes from the soul) follow the thoughts (which are external) and/or the physical condition(s) of his/her own body because (s)he is channeling!
  - Example 1: "I am not crying because I am sad, I am sad because I am crying."
  - Example 2: **False Sexual Arousal!**

False arousal at the wrong time ("false erections" in men) may contribute to homo-sexuality. For example, **having long term friendships with people who are gay may attract homo-sexual thought processes.**

**This may cause false erections for someone who is not a homo-sexual!** Drug use with homo-sexuals may make the condition worse over time. Please refer to the **Homo-sexuality** section.

- **Comorbidity** – When two or more (psychological) medical conditions occur in the patient at the same time.
- **Depression** – Arises through the lack of opportunities, and the feeling of the lack of control over your life. If you feel that no matter what you do, that some **external force** is vying for your demise, you will feel depressed; **this is why it is important to be positive, and have an altruistic personality (not to be confused with narcissistic altruism), and to have positive, happy thoughts!**
- **Homo-sexual Obsessive Compulsive Disorder (H.O.C.D.)** – A specific type of OCD characterized by intrusive thoughts, and compulsions related to sexual orientation.  
Example: A person who has H.O.C.D. may want to alleviate the symptoms of it by writing an encyclopedia style entry about the origins of homo-sexuality!
- **Homo-sexuality** – Older versions of the Diagnostic and Statistical Manual of Mental Disorders (DSM) mentions homo-sexuality. People had distress about their sexual orientation (perhaps due to channeling a new homo-sexual personality, and/or psychological coercion by his, or her peers, etc.).
  - Example 1: A child prayed to be "just like him" without knowing that the person in the media was a homo-sexual! Child may later grow up to be a homo-sexual if the prayer request becomes true.
  - Example 2: The homo-sexual parent may have been granted a prayer request to channel a homo-sexual personality in the past! As a result, a homo-sexual parent may be adamant that his, or her (adopted) child should be

a homo-sexual, and be raised that way (including praying that the child becomes homo-sexual).

A homo-sexual generational curse may have started in Example (1), and continued on in Example (2). **Homo-sexuality is not natural since: (a) the lack of having children through natural childbirth, and (b) the attraction of viruses targeting this sub-group of humans!**

**The etymology of homo-sexuality may be due to demons consistently possessing people of the opposite sex (creating a model of perversion for other humans to observe, and be psychologically corrupted). This may cause a circular psychological problem because humans may ask (thru prayers) to be homo-sexuals!**

This is why people should be careful of what (s)he prays for. For example, instead of someone asking (through prayers) to be "just like him" one should instead ask for specific (personality) traits.

**One should also be careful of having spontaneous feelings (as a result of thought patterns) that yield to spontaneous behaviors; one may be distressed by their assigned sex, and gender (also known as a "gender identity crisis").**

It is a "mental illness" if the person who is channeling a homo-sexual personality (who was unaware it was procured through prayers) if it is long term, and pervasive, and finds the personality troubling! **This is why someone should follow his, or her convictions (and psychology).**

**One should pray away any mal-adaptive personality that (s)he procured accidentally through prayers!**

- **Self-harm (Self-Injury Disorder)** – If there is a consistent "ritual" that establishes a system that reaches a goal (refer to "The Hero Ritual") then self-harm may be avoided.

Self-harm may be associated with **procrastination in performing his/her ritual**. One should **not** be a **perfectionist** since that would prevent him, or her from creating a system (a set of behaviors) that leads to a goal!

- **Meta-magical Thinking – Errors in thinking, and judgement.** For example, having a **Prayer List (That I Want To Manifest)** that asks to communicate directly with Angels, etc. (before

**having Schizophrenia) would yield to someone getting Schizophrenia (under the right conditions).**

An example of meta-magical thinking **during** schizophrenia is a homeless person (without a background in science and, or engineering, or both) who wants to make a teleporter. He or she should be more grounded from meta-magical thinking compared to a real military scientist who's been working with some of the best scientists and engineers, from all over the world! One should focus instead on improving his, or her current situation.

There is research to support the claim that helping others with his, or her mental illness will **have a higher chance of having agency (specialization) on mental health disorders.**

- **Schizophrenia — Schizophrenia is a "religious," and an emotional driven mental illness that attempts to over-ride Alexithymia! This means one has to pray more to show what his/her immediate needs are (which aligns with good Karma). One may want to pray when there is too much distress, etcetera.**

- A person may have cursed himself, or herself with schizophrenia by praying that (s)he talks to GOD (a consortium of “angels”).

Asking to talk to any angel is considered dis-respectful to The God Of The Universe, and may be the reason why a person gets punished with schizophrenia!

- (Guardian) Angels, or
- [Evil Angels](#) (shape-shifters, jinns, “shadow people”, etc.) who like to create problems with humanity.

- (S)he has the intention to have power over others using the negative aspects of the occult by conjuring evil angels!

For example, many people want to be ruthless leaders like a "gangster", an evil "King," an evil “Queen,” or an evil “god” because of power, greed, etc! Many people often associate "Kings," and “Queens” to Egyptian gods who physically enslaved other people!

**One who is enamored by the negative aspects of the occult will most likely receive negative Karma!**

**Note:** Not all Egyptian gods were evil!

In general, people (especially with schizophrenia) should avoid following narcissistic ideas because they may have a higher likelihood of receiving negative Karma (**refer to the Narcissism vs. Altruism chart on the front cover**).

Also, when a narcissist uses the phrase "**I need to**" it often signifies a manipulative tactic. It prioritizes their own desires and needs above others, often with an underlying expectation that you should cater to them, even if it means neglecting your own needs; essentially, they're framing their wants as critical necessities to control the situation.

**Compared to others people with schizophrenia have to be reminded to keep their priorities in order. For example, saving money for food instead of using it for drugs, etc.; one should pray for changes.**

Try to be careful with other people with schizophrenia having bad influences, or ideas because (s)he may have already followed their narcissistic ideas. **Try to find a moral compass when assisting other people!**

**A parent who has schizophrenia may teach his, or her child to pray to talk to angels! Please educate these individuals if you encounter this specific case because it can cause their child to procure schizophrenia later on in life as well!**

**Compared to others people with schizophrenia have to be reminded to keep their priorities in order. For example, saving money for food instead of using it for drugs, etc.; one should pray for changes.**

**Schizophrenia may encompass any of the other aspects of other mental disorders!**

**NOTE: It is important to practice "Lemon Control" by avoiding narcissistic ideas (sometimes over sexualized), and focus on altruism!**

- **Miscellaneous** – Any strange (emotional) behaviors that a person may have (like spontaneous yelling at people, hoarding, eating disorders, false sense of righteousness, obsessive compulsive disorders, homo-sexual obsessive disorder, etc.).

**One should pray that he, or she has a normal life (this means one is praying for a new program)! Our brain is like a giant computer (refer to the REFERENCE pages at the end of this booklet which has**

a quote from Chapter 2 of Joel Osteen's book YOUR BEST LIFE NOW). **This implies that one can download a new program from the universe under the right conditions!**

This may be what it means in ancient texts (like **The Bible**) when it **states** something like **'GOD puts words into your heart!'** This implies that **everyone in the world is channeling!**

For example, when someone blesses themselves, and prays that (s)he becomes a better person, it implies that (s)he starts **speaking**, and **acting** better to improve their life circumstances **through the assistance of GOD (Of The Universe)!**

**For a severe mental illness (like schizophrenia) this may mean that our Guardian Angels are purposefully channeling (programs) into someone's life incorrectly (sometimes pretending to be "the Enemy") to create strong emotions (and calamities) to pray away!**

Perhaps people don't understand this, ignore what (s)he thinks is nonsense, and let the disease (schizophrenia) linger for long periods of time where the person becomes desensitized (which is called Alexithymia).

**People should understand their emotions and manage their reactions to them constructively through prayers (so that you can attempt to heal yourself of Schizophrenia)!**

If you believe that how you act now is your choice, and is under your control, each moment becomes optimal. **Life is not happening to you, it is responding to you!** Practice **Lemon Control**: more difficult choices in the beginning leads to an easier life; easier choices leads to a more difficult life.

**Attempt to rationalize with your Guardian Angels (with your actions), and stay grounded from meta-magical thinking (like building time machines, etc.).**

**One should be harnessing his, or her energy to earn money (through a job, career, or one's own business) that aligns with his, or her values. Assisting friends, loved ones, and eventually creating a family are altruistic tendencies that everyone inherently has. Attempt to encompass these thoughts while being altruistic!**

**Please attempt to be happy, believe in altruism (especially helping other people with mental health disorders) with this booklet ARE YOU CHANNELING A BAD PERSONALITY? Attempt to make the correct decisions everyday of your life.**

# REBUTTAL TO NEGATIVITIES

- **Rich Dad Poor Dad** (Robert Kiyosaki) Quotes:
    - *"The single most powerful asset we all have is our mind. If it is trained well, it can create enormous wealth."*
    - ***"The primary difference between a rich person and poor person is how they manage fear."***
    - *" 'I can't afford it' shuts down your brain. 'How can I afford it?' open up possibilities, excitement and dreams."*
    - *"The philosophy of the rich and the poor is this: the rich invest their money and spend what is left. The poor spend their money and invest what is left."*
    - *"Sight is what you see with your eyes, vision is what you see with your mind."*
    - *"The size of your success is measured by the strength of your desire; the size of your dream; and how you handle disappointment along the way."*
  - Bill Gates (Founder Of Microsoft) Quotes:
    - ***"It's not your fault for being born poor, but it is your fault if you die poor."***
  - Steve Jobs (Founder of Apple Computers) Quotes:
    - *'You can't **connect the dots** looking forward; you can only connect them looking backwards. So you have to trust that the dots will somehow connect in your future. You have to trust in something – your gut, destiny, life, karma, whatever. This approach has never let me down, and it has made all the difference in my life.'*
- NOTE:** The individual dots are goals; connecting the "dots" creates a **system**.
- *'Your work is going to fill a large part of your life, and the only way to be truly satisfied is to do what you believe is great work. And the only way to do great work is to love what you do. If you haven't found it yet, keep looking. Don't settle. As with all matters of the heart, you'll know when you find it.'*
  - ***'Your time is limited, so don't waste it living someone else's life. Don't be trapped by dogma – which is living with the results of other people's thinking. Don't let the noise of others' opinions drown out your own inner***

***voice. And most importantly, have the courage to follow your heart and intuition.'***

- Joe Dispenza Quotes

- *"When the same people, and things in our lives create the same emotions, and the feeling we are trying to make go away no longer changes, we look for new people and things, or try going to new places, in an attempt to change how we feel emotionally. If that doesn't work, we go to the next level—addictions."*

- Joel Osteen quote taken from Chapter 2 of

**YOUR BEST LIFE NOW**

- ***"DISCOVER THE POWER OF YOUR THOUGHTS IN WORDS: CHOOSING THE RIGHT THOUGHTS***

*A war is raging all around you. Yet amazingly you may not even be aware of it! The battle is not for a piece of land, or for natural resources such as gas, oil, gold, or water. The prize in this war is much more valuable; the battle is for your mind!*

*The third step you must take if you want to live at your full potential is to discover the power of your thoughts in words. Let's think about your thoughts first of all.*

*Your enemy's number one target is the arena of your thoughts. He knows if he can control, and manipulate how you think he will be able to control, and manipulate your entire life. Indeed our thoughts determine our actions, our attitudes, and our self-image.*

*Really, our thoughts determine our destiny. That's why The Bible warns us to guard our minds. If you dwell on depressing thoughts, you will live a depressing life. If you continually gravitate toward negative thoughts, you will gravitate towards negative people, activities, philosophies, and lifestyles. Your life you always follow your thoughts.*

*Almost like a magnet we draw in what you constantly think about. If you are always thinking positive, happy, joyful thoughts, then you will be a positive, happy, joyful person. And you will attract other happy, upbeat, positive people.*

***Our thoughts also affect our emotions.*** *We will feel exactly how we think. You will never be happy unless you first think happy thoughts.*



*Conversely, it is impossible to remain discouraged unless you first think discouraging thoughts. So much of success, or failure in life begins in our minds, and is influenced by what we allow ourselves to dwell on.*

*Many people don't realize it but we can choose our thoughts. Nobody can make you think about something. GOD won't do it, and **the enemy** can't do it. You decide what you will entertain in your mind.*

*Simply because the enemy plants a negative, discouraging thought, in your mind, it doesn't mean that you have to water it, nurture it, coddle it, and help it to grow. No, you can choose to cast it down, to dismiss it from your mind.*

*Your mind is similar to a giant computer in that your brain stores every thought that you ever had. “*

# REFERENCES

ABNORMAL PSYCHOLOGY (MAY INCLUDE PHILOSOPHY)  
MAY WILL ASSIST YOU WITH INTERNAL SELF-REASONING.

NOTE: References on books may sometimes be found in video format on YouTube, or on the internet.

## INSPIRATIONAL

- [The Power Of Concentration \(Dumont, Theron Q.\)](#)
- [Rich Dad Poor Dad \(Kiyosaki, Robert\)](#)
- [The Secret \(Byrne, Rhonda\)](#)
- [Think, and Grow Rich \(Hill, Napoleon\)](#)
- [Your Best Life Now \(Osteen, Joel\)](#)

## BOOKS ON ABNORMAL PSYCHOLOGY

- [Be Careful What You Pray For...  
You Just Might Get It \(Dossey, Larry\)](#)
- [Prayer Is Good Medicine: How to Reap the  
Healing Benefits of Prayer \(Dossey, Larry\)](#)
- [The Chimp Paradox \(Peter's, Steve\)](#)
- [The Cosmic Serpent \(Narby, Jeremy\)](#)
- [Breaking Open The Head \(Pinchbeck, Daniel\)](#)
- [DMT: The Spirit Molecule \(Strassman, Rick; M.D.\)](#)
- [ACT Made Simple: An Easy-to-Read Primer on  
Acceptance and Commitment Therapy \(Harris, Russ\)](#)

## YOUTUBE: MOSTLY ABNORMAL PSYCHOLOGY

- [Escaping Ordinary \(B.C Marx\)](#)
- [HealthyGamerGG](#)
- [Jordan B. Peterson](#)
- [Newel Of Knowledge](#)
- [Dr. Grace Lee](#)
- [“Auto Pilot and Psychology”](#)
- [“Don’t Believe Everything You Think” \(Nguyen,  
Joseph\)](#) (Also a Audio book)

**THIS PAGE IS INTENTIONALLY  
LEFT BLANK SO THAT YOU CAN  
WRITE/DRAW YOUR MANIFESTATION IDEAS!**

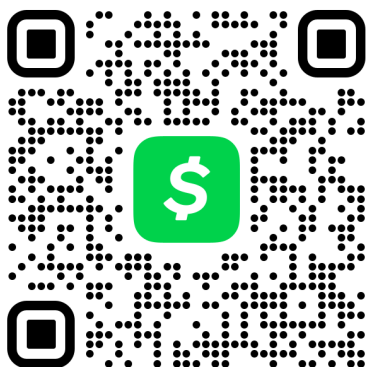
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It seems that people channel (receive information) from his, or her Guardian Angels! People with mental health disorders (autism, depression, schizophrenia, etc.) seem to be channeling incorrectly! This means that one should pray that he, or she has a normal life.

One may pray for a “Spiritual Download” (from The [GOD] of The Universe) for a new personality! Many church pastors, spiritualists, etc. imply this when they state that a person can change their life if they pray!

A manifestation works best if one prays for it to come true!